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13. ABSTRACT (Maximum 200 Words) The principal investigator was funded via a Physician-Scientist Training Award to participate in a comprehensive training plan to foster the transition to independent clinical breast cancer researcher. This plan included 1) conduct of a prospective study examining modifiers of the efficacy of risk-reducing salpingo-oophorectomy for the prevention of breast and ovarian cancer in carriers of BRCA mutations; and 2) participation in coursework in research methodology, biostatistics, molecular biology, and ethics. Progress from 5/1/2003 - 4/30/2004 includes: 1) Accrual at a greater than expected rate to the planned research study; 2) Participation in a clinical cancer research methods course with production of a new research proposal for the Gynecologic Oncology Group; 3) Co-authored manuscript examining prostate cancer risk of men with BRCA mutations; and 4) Conducted a pilot study suggesting that women from BRCA-negative hereditary breast cancer families are not at increased risk for ovarian cancer.				
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TITLE: Modifiers of the Efficacy of Risk-Reducing Salpingo-Oophorectomy for the Prevention of Breast and Ovarian Cancer in Carriers of BRCA1 and BRCA2 Mutations

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Introduction

The principle investigator was funded beginning on May 1, 2003 by the Department of Defense Breast Cancer Research Program via a Physician-Scientist Training Award (PTSA) to participate in a comprehensive training plan designed to assist the principal investigator in making the transition from junior faculty member to independent clinical breast cancer researcher. There were two chief components of the plan. The first component was the conduct of a prospective research study entitled, "Modifiers of the Efficacy of Risk-Reducing Salpingo-Oophorectomy for the Prevention of Breast and Ovarian Cancer in Carriers of *BRCA1* and *BRCA2* Mutations," under the direction and mentorship of Kenneth Offit, M.D., M.P.H. The second component of the comprehensive training plan was for the principal investigator to participate in formal coursework in research methodology, biostatistics, methods of molecular biology, and ethics of clinical research. This progress report will summarize progress and accomplishments made as well as difficulties and challenges encountered during the first year of this award that ran from May 1, 2003 through April 30, 2004.

1) Progress on Research Project Component of Award

The principal investigator in concert with a multidisciplinary team at Memorial Sloan-Kettering Cancer Center (MSKCC) reported the first prospective evaluation of the role of salpingo-oophorectomy in reducing the risk of both breast cancers and *BRCA*-related gynecologic (ovarian, fallopian tube, and primary peritoneal) cancers in carriers of *BRCA1* and *BRCA2* mutations. In that study, we demonstrated that risk-reducing salpingo-oophorectomy (RRSO) is associated with a decreased combined incidence of breast and *BRCA*-related gynecologic cancer. While these results were encouraging, there were important limitations in that preliminary data that need to be addressed before this surgical procedure becomes integrated into the routine management of all carriers of *BRCA* mutations.

First, it is not at all clear that all women with *BRCA* mutations share the same cancer risks. The current study will address the biologically plausible possibility that women with *BRCA2* mutations may not derive the same preventive benefit following oophorectomy as women with *BRCA1* mutations. Data pertaining to this issue may be important for the development of tailored risk-reduction strategies for women with *BRCA* mutations. Second, it is also not clear that surgery will necessarily improve mortality due to breast or ovarian cancer. Prospective information addressing the actual effect of RRSO on subsequent cancer-specific mortality is critically needed in order that women with *BRCA* mutations can make informed decisions regarding the risks and benefits of preventive surgery. Third, determining the specific risk reduction conferred by RRSO for the prevention of specific types of cancer is an important unanswered question for many women with *BRCA* mutations considering the procedure. The only data currently available on this issue is retrospective with a potential for substantial bias.

In order to address some of these issues, with the assistance of the PSTA, we are conducting a prospective study to: 1) determine the degree of protection conferred by RRSO for the prevention of subsequent breast and *BRCA*-related gynecologic cancer in a) carriers of *BRCA1* mutations and b) carriers of *BRCA2* mutations; 2) determine the effect of RRSO on cancer-specific mortality in carriers of *BRCA1* and *BRCA2* mutations; and 3) determine the effect in carriers of *BRCA* mutations of RRSO on the incidence of a) subsequent breast cancer and b) subsequent *BRCA*-related gynecologic cancer.

Briefly we are ascertaining women with a *BRCA1* or a *BRCA2* mutation, greater than 35 years of age, who have not previously undergone bilateral oophorectomy, who have undergone genetic counseling at MSKCC from June 1, 2003 through May 30, 2007 and have consented to prospective follow-up. (Accrual for this study began June 1, 1995.) Uptake of RRSO or use of ovarian surveillance is being determined for all participants by annual questionnaire, telephone contact, and medical record review. Follow-up is planned through May 30, 2008. The time to cancer or time to cancer-specific mortality will be analyzed

for each of the specific aims using Kaplan-Meier analysis and a Cox proportion hazards model. Total estimated accrual through April 30, 2004 was 310 participants with ovarian tissue at risk and 238 participants with both breast and ovarian tissue at risk. To date accrual is exceeding expectations with 327 (105% of expected) participants with ovarian tissue at risk and 278 (117% of expected) participants with both breast and ovarian tissue at risk accrued through April 30, 2004.

Specific components of the statement of work for June 2003 – May 2004 relevant to the research component of the training award:

- a) June 2003 - July 2003 - Training of Genetic Counselor (dedicated to the project) to obtain and enter follow-up information

This was completed as scheduled. Yelena Kemel, M.S is a genetic counselor trained and funded for 50% of her effort via this award to obtain and enter follow-up information.

- b) June 2003 - Sept 2003 - Review and revision of follow-up questionnaires

This was completed as scheduled. The follow-up instrument used for this study was completely revised to capture: 1) detailed information regarding current cancer screening and prevention practices including risk-reducing surgical and chemo-preventive approaches; 2) information regarding any new cancers diagnosed in the participant since the participant's initial evaluation by Clinical Genetics; 3) information regarding any new cancer diagnosed in 1st or 2nd degree relatives since the participant's initial evaluation by Clinical Genetics; and 4) information designed to address reasons for adherence or non-adherence to screening recommendations. This questionnaire was piloted in the summer and fall of 2003 on a group of women from *BRCA*-negative hereditary breast cancer families who had consented to prospective follow-up. After changes were made as a result of this pilot use, additional modifications were made resulting in the final document that is included in appendix A.

- c) Oct 2003 - Dec 2003 - Submission of revised questionnaires to MSKCC Institutional Review Board

This was completed as scheduled with IRB approval of the revised documents obtained November 11, 2003.

- d) April 2004 - May 2004 - 1st Interim Data Analysis

This data analysis is currently in progress. In order to optimize our ability to follow-up both responders and non-responders in our cohort, the cohort is broken down into four groups based upon the quarter in which they received results. Annual follow is obtained for one of each of these four sub-cohorts each quarter. We have now collected data using our revised follow-up instrument for three of these four sub-cohorts. When data is received from the last sub-cohort this summer, we will conduct a preliminary analysis for each of our three specific aims.

2) Progress of Didactic Training Component of Award

Part of the time freed by the PSTA is being used by the Principal Investigator to participate in workshops offered by American Association for Cancer Research and the American Society of Clinical Oncology. The Principal Investigator participated in the first of these workshops, Methods in Clinical Cancer Research, in July 2003. This was 38.5 hour course designed to introduce clinical fellows and junior faculty the principles of good clinical trial design, expose early clinical scientists to the full spectrum of

challenges in clinical research, and develop well trained, experienced researchers whose expertise will foster better clinical trial design. As part of this workshop, the PI further developed a concept and wrote a protocol for a, "Prospective Cohort Study of Gynecologic Cancer Screening and Risk-Reducing Surgery in Women with Hereditary Non-Polyposis Colon Cancer Syndrome (HNPCC)" This protocol has been approved by the Gynecology Oncology Group for further development, and is currently on the priority protocol list of that cooperative group.

Part of the time freed by the PSTA is also to be used by the Principal Investigator to participate in formal coursework in the Clinical Epidemiology and Health Services Research Program at Weill Graduate School of Medical Sciences of Cornell University (WGSMS). These courses will include Introduction to Research Methodology and Statistical Analysis, Advanced Biostatistics, the regularly scheduled Research Methodology Colloquia, and Ethics of Clinical and Health Services Research. Although it was envisioned that participation in this coursework would occur last fall, due to the timing of notification of the award and changes in the offering dates of these courses, the PI was unable to participate in the courses as originally anticipated. In fulfillment of the requirements of the training award, the PI will be participating in these courses this upcoming summer and fall.

3) Progress of Other Training Partly Supported by This Award

A) Determination of Risk of Prostate Cancer in Male Carriers of *BRCA1* and *BRCA2* Mutations

The PI was a co-first author of a study led by Kenneth Offit, M.D., M.P.H. that showed that the risk for prostate cancer is significantly elevated in men who carry *BRCA2* mutations. This study confirmed that men with *BRCA2* mutations have a 4.8 fold increased risk of prostate cancer compared to the general population. This was published as a featured article in the May 1, 2004 edition of Clinical Cancer Research. (Reprint is attached in Appendix B.)

B) Pilot Analysis of Risk of Ovarian Cancer in women from *BRCA*-negative hereditary breast cancer families

Using time freed up by the PSTA, the PI conducted a pilot study examining the incidence of breast and ovarian cancer in 171 women from *BRCA*-negative hereditary breast cancer families who were prospectively followed for a mean of 3.6 years. Observed rate of cancer was compared with that expected from the SEER database. In this analysis, as expected, new breast cancer cases were seen more frequently than would be predicted from population rates. Importantly, ovarian cancer was not seen more frequently than would be expected in the general population. If these preliminary results are confirmed, this information will have important implications for cancer screening in these kindreds. This data has been accepted for presentation at the 2004 Meeting of the American Society of Clinical Oncology. (Presentation is attached in Appendix C.)

Key Research Accomplishments

- Accrual at a greater than expected rate to the study, "Modifiers of the Efficacy of Risk-Reducing Salpingo-Oophorectomy for the Prevention of Breast and Ovarian Cancer in Carriers of *BRCA1* and *BRCA2* Mutations."
- Participation in AACR/ASCO course Methods in Clinical Cancer Research with production of a working draft of a protocol for the Gynecologic Oncology Group entitled, "Prospective Cohort Study of Gynecologic Cancer Screening and Risk-Reducing Surgery in Women with Hereditary Non-Polyposis Colon Cancer Syndrome (HNPCC)."

- Co-authored a study confirming that men with *BRCA2* mutations are at significantly increase risk of prostate cancer.
- Completed a pilot study suggesting that women from *BRCA*-negative hereditary breast cancer families are not at increased risk of ovarian cancer.

Reportable Outcomes

- Co-authored a study confirming that men with *BRCA2* mutations are at significantly increase risk of prostate cancer.¹
- Completed a pilot study suggesting that women from *BRCA*-negative hereditary breast cancer families are not at increased risk of ovarian cancer.²

Conclusions

With the support of the PTSA, the principle investigator is participating in a comprehensive training plan designed to assist him in making the transition from junior faculty member to independent clinical breast cancer researcher. Additionally, time freed by the PTSA has allowed the principal investigator to pursue several productive avenues of research addressing cancer risks in individuals from inherited breast and ovarian cancer families. It is anticipated that continued support from the PTSA will continue to further the principal investigator's development and ability to become an effective and highly productive clinical breast cancer researcher.

References

¹ Kirchhoff T[†], Kauff ND[†], Mitra N, Nafa K, Huang H, Palmer C, Gulati T, Wadsworth E, Donat S, Robson ME, Ellis NA, Offit K. *BRCA* Mutations and Risk of Prostate Cancer in Ashkenazi Jews. Clinical Cancer Research 2004; 10: 2918-21.

² Kauff N, Cigler T, Hurley K, Huang H, Rapaport H, Wadsworth E, Robson M, Norton L, Barakat R, Offit K. Incidence of ovarian cancer in *BRCA*-negative hereditary breast cancer families. Accepted for presentation at the 40th Annual Meeting of the American Society of Clinical Oncology, New Orleans, LA, June 2004.

[†] T. Kirchoof and N. Kauff contributed equally to this report.



IRB #: 96-051A(13)

Memorial Sloan-Kettering Cancer Center IRB Protocol



MEMORIAL SLOAN-KETTERING CANCER CENTER
Clinical Genetics Service
Female Follow-up Questionnaire

Important Note: The past several years have been an exciting time of progress in the research efforts of the Clinical Genetics Service. Your responses to our questionnaires have provided important information about risk of cancer in individuals with a family history of the disease, and also on the effects of various risk-reducing strategies. Articles based on these results have been published in the New England Journal of Medicine, Journal of Clinical Oncology, Cancer, and Journal of the National Cancer Institute. Summaries of this research are available on our web site at <http://www.mskcc.org/mskcc/html/603.cfm>

To take our work to the next level, we have identified several important clinical questions which require more detailed medical follow-up information to obtain a full answer. Therefore, we have created *a new, comprehensive medical follow-up questionnaire*. In some cases you may see questions that we have asked before, but with expanded options for responses. As much as possible, we have converted our questions to a "check box" format for easy, rapid responding. We also ask some new questions on topics related to screening, medication use, and new cancers in family members. Please fill out the enclosed questionnaire as completely as possible, thinking back to when you were **first** seen at Clinical Genetics. This will help us ensure that our records are both complete and up-to-date. Feel free to provide us with comments and feedback so that we can continue our efforts to provide state-of-the-art, scientifically sound genetic counseling services.

Clinical Genetics Service
Memorial Sloan-Kettering Cancer Center
1275 York Avenue-Box 295, New York, NY
Telephone: 212-434-5149 Fax: 212-434-5166

**New Cancers Since Your Initial Clinical Genetics Visit**

1) Since you were seen at Clinical Genetics on (CGS to Fill in), have you had any cancer diagnoses?

- ☐ Yes
☐ No (If no, please skip to Question #8, page 4)

Name (CGS to Fill in)

Today's Date ____/____/____

Date of Birth ____/____/____

2) If you have been diagnosed with cancer **since we last saw you**, please indicate the type of cancer, age, and date of the diagnosis.

Diagnosis 1: ☐ Breast
☐ Ovary or Fallopian Tube
☐ Colon

☐ Lung
☐ Melanoma
☐ Other, (please specify): _____

Age of diagnosis: _____

Date diagnosis: ____/____/____

☐ New Cancer ☐ Recurrence of Prior Cancer ☐ Not Sure

Diagnosis 2: ☐ Breast
☐ Ovary of Fallopian Tube
☐ Colon

☐ Lung
☐ Melanoma
☐ Other, (please specify): _____

Age of diagnosis: _____

Date diagnosis: ____/____/____

☐ New Cancer ☐ Recurrence of Prior Cancer ☐ Not Sure

Information on New Cancers Diagnosed Since Your Clinical Genetics Appointment

Since your initial Clinical Genetics visit, if you have been diagnosed with:

- **BREAST CANCER**, please answer Question #3, pages 1-2
- **OVARIAN or FALLOPIAN TUBE CANCER**, please answer Question #4, page 2
- **COLON or RECTAL CANCER**, please answer Question #5, page 3
- Any **OTHER** type of cancer, please answer Questions #6 and #7, page 3

3) New Breast Cancer

a) If you have been diagnosed with **Breast Cancer** since you were last seen at Clinical Genetics, how was the cancer detected?

- ☐ I felt a mass doing breast self-examination and my doctor ordered further tests.
☐ My doctor felt a mass during a clinical breast examination and ordered further tests.
☐ I had an abnormal screening mammogram (without symptoms) and my doctor ordered further tests.
☐ I had an abnormal screening breast ultrasound (without symptoms) and my doctor ordered further tests.
☐ I had an abnormal screening Breast MRI (without symptoms) and my doctor ordered further tests.
☐ I had both an abnormal screening mammogram AND breast ultrasound (without symptoms) and my doctor ordered further tests.
☐ I had both an abnormal screening mammogram AND breast MRI (without symptoms) and my doctor ordered further tests.
☐ Other, (please specify): _____

b) If you have been diagnosed with **Breast Cancer** since you were last seen at Clinical Genetics, what side was the Breast Cancer on?

☐ Right ☐ Left ☐ Both Sides



5) New Colon or Rectal Cancer

a) If you have been diagnosed with a **Colon or Rectal Cancer** since you were last seen at Clinical Genetics, how was the cancer detected?

- ☐ I noticed a mucous discharge and my doctor ordered further tests
- ☐ I noticed a change in bowel habits and my doctor ordered further tests.
- ☐ I had abdominal pain and/or bloating and my doctor ordered further tests.
- ☐ I noticed rectal bleeding and my doctor ordered further tests.
- ☐ My doctor detected blood in my stool during a rectal exam and ordered further tests.
- ☐ My doctor felt a mass in my rectum on a digital rectal exam and ordered further tests.
- ☐ I underwent a **screening** colonoscopy (an exam of my entire colon without having had any previous symptoms) and my doctor detected a cancer.
- ☐ I underwent a **screening** sigmoidoscopy (an exam of part of my colon without having had any previous symptoms) and my doctor detected a cancer.
- ☐ Other, (please specify): _____

b) If you have been diagnosed with a **Colon or Rectal Cancer** since you were last seen at Clinical Genetics, how was the colorectal cancer treated? (Please indicate all that apply)

- ☐ Single colon surgery
- ☐ Multiple colon surgeries
- ☐ Chemotherapy, please indicate regimen: _____
- ☐ Radiation
- ☐ Other, (please specify): _____

6) If you have been diagnosed with a **Lung Cancer, Melanoma or Any Other Cancer** since you were last seen at Clinical Genetics, how was the cancer detected? _____

7) How was this **Lung Cancer, Melanoma or Any Other Cancer** treated? _____



New Cancers in Relatives

8) Since you were last seen at Clinical Genetics, has any **Close Relative (Parent, Grand Parent, Brother, Sister, Child, Grand Child, Aunt, Uncle or First Cousin)** had a NEW cancer diagnosis?

☐ Yes (If yes, please answer Question #9)

☐ No (If no, please skip to Question #10, page 5)

9) If a **Close Relative** was diagnosed with cancer since we last saw you, please indicate the type of relative, the type of cancer, and the age of the diagnosis.

	Relation			Type of Cancer	
Relative #1	<input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Brother <input type="checkbox"/> Sister <input type="checkbox"/> Son <input type="checkbox"/> Daughter <input type="checkbox"/> Grandchild	<input type="checkbox"/> Maternal Grandmother <input type="checkbox"/> Maternal Grandfather <input type="checkbox"/> Paternal Grandmother <input type="checkbox"/> Paternal Grandfather	<input type="checkbox"/> Maternal Aunt <input type="checkbox"/> Maternal Uncle <input type="checkbox"/> Paternal Aunt <input type="checkbox"/> Paternal Uncle <input type="checkbox"/> Maternal First Cousin <input type="checkbox"/> Paternal First Cousin <input type="checkbox"/> Other: _____	<input type="checkbox"/> Breast <input type="checkbox"/> Ovary/Fallopian Tube <input type="checkbox"/> Colon <input type="checkbox"/> Prostate <input type="checkbox"/> Lung <input type="checkbox"/> Melanoma <input type="checkbox"/> Uterus <input type="checkbox"/> Other _____	Age of Diagnosis: _____ <input type="checkbox"/> New Cancer <input type="checkbox"/> Recurrence of Prior Cancer <input type="checkbox"/> Not Sure
Relative #2	<input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Brother <input type="checkbox"/> Sister <input type="checkbox"/> Son <input type="checkbox"/> Daughter <input type="checkbox"/> Grandchild	<input type="checkbox"/> Maternal Grandmother <input type="checkbox"/> Maternal Grandfather <input type="checkbox"/> Paternal Grandmother <input type="checkbox"/> Paternal Grandfather	<input type="checkbox"/> Maternal Aunt <input type="checkbox"/> Maternal Uncle <input type="checkbox"/> Paternal Aunt <input type="checkbox"/> Paternal Uncle <input type="checkbox"/> Maternal First Cousin <input type="checkbox"/> Paternal First Cousin <input type="checkbox"/> Other: _____	<input type="checkbox"/> Breast <input type="checkbox"/> Ovary/Fallopian Tube <input type="checkbox"/> Colon <input type="checkbox"/> Prostate <input type="checkbox"/> Lung <input type="checkbox"/> Melanoma <input type="checkbox"/> Uterus <input type="checkbox"/> Other _____	Age of Diagnosis: _____ <input type="checkbox"/> New Cancer <input type="checkbox"/> Recurrence of Prior Cancer <input type="checkbox"/> Not Sure
Relative #3	<input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Brother <input type="checkbox"/> Sister <input type="checkbox"/> Son <input type="checkbox"/> Daughter <input type="checkbox"/> Grandchild	<input type="checkbox"/> Maternal Grandmother <input type="checkbox"/> Maternal Grandfather <input type="checkbox"/> Paternal Grandmother <input type="checkbox"/> Paternal Grandfather	<input type="checkbox"/> Maternal Aunt <input type="checkbox"/> Maternal Uncle <input type="checkbox"/> Paternal Aunt <input type="checkbox"/> Paternal Uncle <input type="checkbox"/> Maternal First Cousin <input type="checkbox"/> Paternal First Cousin <input type="checkbox"/> Other: _____	<input type="checkbox"/> Breast <input type="checkbox"/> Ovary/Fallopian Tube <input type="checkbox"/> Colon <input type="checkbox"/> Prostate <input type="checkbox"/> Lung <input type="checkbox"/> Melanoma <input type="checkbox"/> Uterus <input type="checkbox"/> Other _____	Age of Diagnosis: _____ <input type="checkbox"/> New Cancer <input type="checkbox"/> Recurrence of Prior Cancer <input type="checkbox"/> Not Sure
Relative #4	<input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Brother <input type="checkbox"/> Sister <input type="checkbox"/> Son <input type="checkbox"/> Daughter <input type="checkbox"/> Grandchild	<input type="checkbox"/> Maternal Grandmother <input type="checkbox"/> Maternal Grandfather <input type="checkbox"/> Paternal Grandmother <input type="checkbox"/> Paternal Grandfather	<input type="checkbox"/> Maternal Aunt <input type="checkbox"/> Maternal Uncle <input type="checkbox"/> Paternal Aunt <input type="checkbox"/> Paternal Uncle <input type="checkbox"/> Maternal First Cousin <input type="checkbox"/> Paternal First Cousin <input type="checkbox"/> Other: _____	<input type="checkbox"/> Breast <input type="checkbox"/> Ovary/Fallopian Tube <input type="checkbox"/> Colon <input type="checkbox"/> Prostate <input type="checkbox"/> Lung <input type="checkbox"/> Melanoma <input type="checkbox"/> Uterus <input type="checkbox"/> Other _____	Age of Diagnosis: _____ <input type="checkbox"/> New Cancer <input type="checkbox"/> Recurrence of Prior Cancer <input type="checkbox"/> Not Sure



10) Medication Questions

Please complete the following chart. Questions on the top row refer to the specific medications listed in the left-most column.

	Since being seen at Clinical Genetics, have you started taking or are you still taking this medication on a regular basis (more than one time per week)?	Why were you or are you taking this medication? (Check all that apply)	If you are taking the medication, how likely is it that you will continue taking it in the next 6 months?	If you have never taken the medication, are you considering taking the medication in the future?
a) Hormone Replacement with estrogen or progesterone (ie. Premarin, Prempro, Estrace, Provera, etc.)	<input type="checkbox"/> yes <input type="checkbox"/> no Type (specify brand): _____ Date started ____/____/____ Date ended ____/____/____ <input type="checkbox"/> Still taking	<input type="checkbox"/> Hot flashes or night sweats <input type="checkbox"/> Vaginal dryness <input type="checkbox"/> Prevention or treatment of osteoporosis <input type="checkbox"/> Prevention of heart disease <input type="checkbox"/> Prevention of dementia <input type="checkbox"/> Other: _____	<input type="checkbox"/> 1 = Not at all <input type="checkbox"/> 2 = A little bit <input type="checkbox"/> 3 = Moderately <input type="checkbox"/> 4 = Very <input type="checkbox"/> 5 = Extremely	<input type="checkbox"/> 1 = Not at all <input type="checkbox"/> 2 = A little bit <input type="checkbox"/> 3 = Moderately <input type="checkbox"/> 4 = Very <input type="checkbox"/> 5 = Extremely <input type="checkbox"/> 6 = If my doctor tells me to
b) Oral Contraceptives	<input type="checkbox"/> yes <input type="checkbox"/> no Date started ____/____/____ Date ended ____/____/____ <input type="checkbox"/> Still taking	<input type="checkbox"/> Prevention of pregnancy <input type="checkbox"/> Regulation of menstrual cycle <input type="checkbox"/> Painful or heavy menses <input type="checkbox"/> Prevention of ovarian cancer <input type="checkbox"/> Other: _____	<input type="checkbox"/> 1 = Not at all <input type="checkbox"/> 2 = A little bit <input type="checkbox"/> 3 = Moderately <input type="checkbox"/> 4 = Very <input type="checkbox"/> 5 = Extremely	<input type="checkbox"/> 1 = Not at all <input type="checkbox"/> 2 = A little bit <input type="checkbox"/> 3 = Moderately <input type="checkbox"/> 4 = Very <input type="checkbox"/> 5 = Extremely <input type="checkbox"/> 6 = If my doctor tells me to
c) Tamoxifen (Nolvadex™)	<input type="checkbox"/> yes <input type="checkbox"/> no Date started ____/____/____ Date ended ____/____/____ <input type="checkbox"/> Still taking	<input type="checkbox"/> Treatment of breast cancer <input type="checkbox"/> Prevention of breast cancer <input type="checkbox"/> Prevention or treatment of osteoporosis <input type="checkbox"/> Other: _____	<input type="checkbox"/> 1 = Not at all <input type="checkbox"/> 2 = A little bit <input type="checkbox"/> 3 = Moderately <input type="checkbox"/> 4 = Very <input type="checkbox"/> 5 = Extremely	<input type="checkbox"/> 1 = Not at all <input type="checkbox"/> 2 = A little bit <input type="checkbox"/> 3 = Moderately <input type="checkbox"/> 4 = Very <input type="checkbox"/> 5 = Extremely <input type="checkbox"/> 6 = If my doctor tells me to
d) Raloxifene (Evista™)	<input type="checkbox"/> yes <input type="checkbox"/> no Date started ____/____/____ Date ended ____/____/____ <input type="checkbox"/> Still taking	<input type="checkbox"/> Treatment of breast cancer <input type="checkbox"/> Prevention of breast cancer <input type="checkbox"/> Prevention or treatment of osteoporosis <input type="checkbox"/> Other: _____	<input type="checkbox"/> 1 = Not at all <input type="checkbox"/> 2 = A little bit <input type="checkbox"/> 3 = Moderately <input type="checkbox"/> 4 = Very <input type="checkbox"/> 5 = Extremely	<input type="checkbox"/> 1 = Not at all <input type="checkbox"/> 2 = A little bit <input type="checkbox"/> 3 = Moderately <input type="checkbox"/> 4 = Very <input type="checkbox"/> 5 = Extremely <input type="checkbox"/> 6 = If my doctor tells me to
e) Anti-inflammatory medications (ie. Aspirin, Aleve, Motrin, Naprosyn, Ibuprofen, Celebrex, Vioxx etc.)	<input type="checkbox"/> yes <input type="checkbox"/> no Type (specify brand): _____ Date started ____/____/____ Date ended ____/____/____ <input type="checkbox"/> Still taking	<input type="checkbox"/> Arthritis <input type="checkbox"/> Prevention of colon cancer <input type="checkbox"/> Prevention of heart disease <input type="checkbox"/> Painful or heavy menses <input type="checkbox"/> Other: _____	<input type="checkbox"/> 1 = Not at all <input type="checkbox"/> 2 = A little bit <input type="checkbox"/> 3 = Moderately <input type="checkbox"/> 4 = Very <input type="checkbox"/> 5 = Extremely	<input type="checkbox"/> 1 = Not at all <input type="checkbox"/> 2 = A little bit <input type="checkbox"/> 3 = Moderately <input type="checkbox"/> 4 = Very <input type="checkbox"/> 5 = Extremely <input type="checkbox"/> 6 = If my doctor tells me to

**Breast Cancer Screening**

11) Have you EVER had a mastectomy (surgical removal of one or both breasts) either before or after being seen at Clinical Genetics?

- ☐ No
☐ Yes, I have had a unilateral mastectomy (removal of ONE breast).
☐ Yes, I have had a bilateral mastectomy (removal of BOTH breasts) **If yes, please skip to Question #18, page 11**

12) Mammograms

a) How many mammograms have you had **in the last year**?

- ☐ Never had a mammogram ☐ None in the last year ☐ One ☐ Two ☐ Three or more

b) When was your **last** mammogram?

- ☐ Never had a mammogram ☐ Between one and two years ago
☐ In the last six months ☐ More than two years ago
☐ Between six months and one year ago

c) What was the reason for your **last** mammogram?

- ☐ Never had a mammogram ☐ Pain in your breast
☐ Routine screening or check-up ☐ Other, (please specify): _____
☐ Lump in your breast

d) **Since being seen by Clinical Genetics**, have you had an **abnormal Mammogram** that required follow-up mammograms, X-rays, ultrasounds, CT scans, MRIs, biopsies, or surgery?

- ☐ Yes ☐ No

e) If you have had an **abnormal Mammogram** that required follow-up **since being seen by Clinical Genetics**,

When did this abnormal result occur? (mm/yr) ____/____

- What was the abnormal result? ☐ Mass ☐ Other, (please specify): _____
 ☐ Calcification ☐ Don't Know / Not Sure
 ☐ Cyst

- What was done? ☐ Repeat Mammogram ☐ Needle Aspiration
 ☐ Ultrasound ☐ Stereotatic Biopsy
 ☐ MRI ☐ Biopsy in Operating Room
 ☐ Other, (please specify): _____

Was a Cancer diagnosed? ☐ Yes ☐ No

f) If your last mammogram was not just routine screening or check-up, when was your last mammogram that was just for routine screening or check-up?

- ☐ Never had a screening mammogram ☐ Between one and two years ago
☐ In the last six months ☐ More than two years ago
☐ Between six months and one year ago

13) Breast MRI

a) How many Breast MRIs have you had **in the last year**?

- ☐ Never had a Breast MRI ☐ None in the last year ☐ One ☐ Two ☐ Three or more



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- b) When was your **last** Breast MRI?
- ☐ Never had a Breast MRI ☐ Between one and two years ago
- ☐ In the last six months ☐ More than two years ago
- ☐ Between six months and one year ago
- c) What was the reason for your **last** Breast MRI?
- ☐ Never had a Breast MRI ☐ Pain in your breast
- ☐ Routine screening or check-up ☐ Other, (please specify): _____
- ☐ Lump in your breast
- d) Since being seen by Clinical Genetics, have you had an **abnormal Breast MRI** that required follow-up mammograms, X-rays, ultrasounds, CT scans, MRIs, biopsies, or surgery?
- ☐ Yes ☐ No
- e) If you have had an **abnormal Breast MRI** that required follow-up since being seen by Clinical Genetics,
- When did this abnormal result occur? (mm/yr) ____/____
- What was the abnormal result? ☐ Mass ☐ Other, (please specify): _____
- ☐ Calcification ☐ Don't Know / Not Sure
- ☐ Cyst
- What was done? ☐ Repeat MRI ☐ Needle Aspiration
- ☐ Mammogram ☐ Stereotatic Biopsy
- ☐ Ultrasound ☐ Biopsy in Operating Room
- ☐ Other, (please specify): _____
- Was a Cancer diagnosed? ☐ Yes ☐ No
- f) If your last Breast MRI was not just routine screening or check-up, when was your last Breast MRI that was just for routine screening or check-up?
- ☐ Never had a screening Breast MRI ☐ Between one and two years ago
- ☐ In the last six months ☐ More than two years ago
- ☐ Between six months and year ago

14) Breast Ultrasound

- a) How many Breast Ultrasounds have you had in the last year?
- ☐ Never had a Breast Ultrasound ☐ None in the last year ☐ One ☐ Two ☐ Three or more
- b) When was your **last** Breast Ultrasound?
- ☐ Never had a Breast Ultrasound ☐ Between one and two years ago
- ☐ In the last six months ☐ More than two years ago
- ☐ Between six months and one year ago
- c) What was the reason for your **last** Breast Ultrasound?
- ☐ Never had a Breast Ultrasound ☐ Pain in your breast
- ☐ Routine screening or check-up ☐ Other, (please specify): _____
- ☐ Lump in your breast
- d) Since being seen by Clinical Genetics, have you had an **abnormal Breast Ultrasound** that required follow-up mammograms, X-rays, ultrasounds, CT scans, MRIs, biopsies, or surgery?
- ☐ Yes ☐ No

e) If you have had an **abnormal Breast Ultrasound** that required follow-up since being seen by Clinical Genetics,

When did this abnormal result occur? (mm/yr) ____/____

What was the abnormal result? ☐ Mass ☐ Other, (please specify): _____
☐ Calcification ☐ Don't Know / Not Sure
☐ Cyst

What was done? ☐ Repeat Ultrasound ☐ Needle Aspiration
☐ Mammogram ☐ Stereotatic Biopsy
☐ MRI ☐ Biopsy in Operating Room
☐ Other, (please specify): _____

Was a Cancer diagnosed? ☐ Yes ☐ No

f) If your last Breast Ultrasound was not just routine screening or check-up, when was your last Breast Ultrasound that was just for routine screening or check-up?

☐ Never had a screening Breast Ultrasound ☐ Between one and two years ago
☐ In the last six months ☐ More than two years ago
☐ Between six months and year ago

15) Clinical Breast Examinations (Examination by a physician)

a) How many Clinical Breast Exams have you had in the last year?

☐ Never had a Clinical Breast Exam
☐ None in the last year ☐ One ☐ Two ☐ Three ☐ Four or more

b) When was your **last** Clinical Breast Exam?

☐ Never had a Clinical Breast Exam ☐ Between six months and one year ago
☐ In the last three months ☐ Between one and two years ago
☐ Between three and six months ago ☐ More than two years ago

c) What was the reason for your **last** Clinical Breast Exam?

☐ Never had a Clinical Breast Exam ☐ Pain in your breast
☐ Routine screening or check-up ☐ Other, (please specify): _____
☐ Lump in your breast

d) Since being seen by Clinical Genetics, have you had an **abnormal Clinical Breast Exam** that required follow-up mammograms, X-rays, ultrasounds, CT scans, MRIs, biopsies, or surgery?

☐ Yes ☐ No

e) If you have had an **abnormal Clinical Breast Exam** that required follow-up since being seen by Clinical Genetics,

When did this abnormal result occur? (mm/yr) ____/____

What was the abnormal result? ☐ Mass ☐ Other, (please specify): _____
☐ Nipple Discharge ☐ Don't Know / Not Sure
☐ Skin Change

What was done? ☐ Mammogram ☐ Needle Aspiration
☐ Ultrasound ☐ Stereotatic Biopsy
☐ MRI ☐ Biopsy in Operating Room
☐ Other, (please specify): _____

Was a Cancer diagnosed? ☐ Yes ☐ No



f) If your last Clinical Breast Exam was not just routine screening or check-up, when was your last Clinical Breast Exam that was just a routine screening or check-up?

- | | |
|---|--|
| <input type="checkbox"/> Never had a Clinical Breast Exam | <input type="checkbox"/> Between six months and one year ago |
| <input type="checkbox"/> In the last three months | <input type="checkbox"/> Between one and two years ago |
| <input type="checkbox"/> Between three and six months ago | <input type="checkbox"/> More than two years ago |

16) Self Breast Examination

a) How often have you done Self Breast Examinations in the last year?

- | | |
|---|---|
| <input type="checkbox"/> I am not doing Breast Self Exams | |
| <input type="checkbox"/> More than Once a Month | <input type="checkbox"/> Every Three Months |
| <input type="checkbox"/> Every Month | <input type="checkbox"/> Every Four Months |
| <input type="checkbox"/> Every Other Month | <input type="checkbox"/> Every Six Months |

b) When did you last do Self Breast Examination?

- | | |
|---|--|
| <input type="checkbox"/> I do not perform Self Breast Exams | <input type="checkbox"/> Between three and six months ago |
| <input type="checkbox"/> In the last month | <input type="checkbox"/> Between six months and one year ago |
| <input type="checkbox"/> Between one and three months ago | <input type="checkbox"/> More than one year ago |

c) Since being seen by Clinical Genetics, have you found an abnormality on Self Breast Examination that required examination by a physician, follow-up mammograms, X-rays, ultrasounds, CT scans, MRIs, biopsies, or surgery?

- ☐ Yes ☐ No

d) If you have had an abnormal Self Breast Examination that required follow-up since being seen by Clinical Genetics,

When did this abnormal result occur? (mm/yr) ____/____

What was the abnormal result?

- | | |
|---|---|
| <input type="checkbox"/> Mass | <input type="checkbox"/> Other, (please specify): _____ |
| <input type="checkbox"/> Nipple Discharge | <input type="checkbox"/> Don't Know / Not Sure |
| <input type="checkbox"/> Skin Change | |

What was done?

- | | |
|--|---|
| <input type="checkbox"/> Physician Examination | <input type="checkbox"/> Needle Aspiration |
| <input type="checkbox"/> Mammogram | <input type="checkbox"/> Stereotatic Biopsy |
| <input type="checkbox"/> Ultrasound | <input type="checkbox"/> Biopsy in Operating Room |
| <input type="checkbox"/> MRI | <input type="checkbox"/> Other, (please specify): _____ |

Was a Cancer diagnosed?

- ☐ Yes ☐ No



17) Future Plans for Breast Cancer Screening

Please fill in the chart below. Questions in the top row refer to specific screening modalities in the left-most column.

	When are you planning to have your next test?	How likely are you to have the test by that time?
a) Mammogram	<input type="checkbox"/> in the next three months <input type="checkbox"/> in the next six months <input type="checkbox"/> in the next year <input type="checkbox"/> I'm planning on having a mammogram, but I'm not sure when. <input type="checkbox"/> I'll have a mammogram when my doctor wants me to. <input type="checkbox"/> I'm not sure when to go for my next mammogram. <input type="checkbox"/> I'm undecided whether I'll have another mammogram. <input type="checkbox"/> I've decided not to have another mammogram.	<input type="checkbox"/> 1 = Not at all <input type="checkbox"/> 2 = A little bit <input type="checkbox"/> 3 = Moderately <input type="checkbox"/> 4 = Very <input type="checkbox"/> 5 = Extremely
b) Breast MRI	<input type="checkbox"/> in the next three months <input type="checkbox"/> in the next six months <input type="checkbox"/> in the next year <input type="checkbox"/> I'm planning on having a breast MRI, but I'm not sure when. <input type="checkbox"/> I'll have a breast MRI when my doctor wants me to. <input type="checkbox"/> I'm not sure when to go for my next breast MRI. <input type="checkbox"/> I'm undecided whether I'll have another breast MRI. <input type="checkbox"/> I've decided not to have another breast MRI.	<input type="checkbox"/> 1 = Not at all <input type="checkbox"/> 2 = A little bit <input type="checkbox"/> 3 = Moderately <input type="checkbox"/> 4 = Very <input type="checkbox"/> 5 = Extremely
c) Breast Ultrasound	<input type="checkbox"/> in the next three months <input type="checkbox"/> in the next six months <input type="checkbox"/> in the next year <input type="checkbox"/> I'm planning on having a breast ultrasound, but I'm not sure when. <input type="checkbox"/> I'll have a breast ultrasound when my doctor wants me to. <input type="checkbox"/> I'm not sure when to go for my next breast ultrasound. <input type="checkbox"/> I'm undecided whether I'll have another breast ultrasound. <input type="checkbox"/> I've decided not to have another breast ultrasound.	<input type="checkbox"/> 1 = Not at all <input type="checkbox"/> 2 = A little bit <input type="checkbox"/> 3 = Moderately <input type="checkbox"/> 4 = Very <input type="checkbox"/> 5 = Extremely
d) Clinical Breast Examination (examination by a physician)	<input type="checkbox"/> in the next three months <input type="checkbox"/> in the next six months <input type="checkbox"/> in the next year <input type="checkbox"/> I'm planning on having a clinical breast exam, but I'm not sure when. <input type="checkbox"/> I'll have a clinical breast exam when my doctor wants me to. <input type="checkbox"/> I'm not sure when to go for my next clinical breast exam. <input type="checkbox"/> I'm undecided whether I'll have another clinical breast exam. <input type="checkbox"/> I've decided not to have another clinical breast exam.	<input type="checkbox"/> 1 = Not at all <input type="checkbox"/> 2 = A little bit <input type="checkbox"/> 3 = Moderately <input type="checkbox"/> 4 = Very <input type="checkbox"/> 5 = Extremely
e) Self Breast Examination	<input type="checkbox"/> in the next month <input type="checkbox"/> in the next three months <input type="checkbox"/> in the next six months <input type="checkbox"/> in the next year <input type="checkbox"/> I'm planning on doing a self breast exam, but I'm not sure when. <input type="checkbox"/> I'll do a self breast exam when my doctor wants me to. <input type="checkbox"/> I'm not sure when to do my next self breast exam. <input type="checkbox"/> I'm undecided whether I'll do another self breast exam. <input type="checkbox"/> I've decided not to do another self breast exam.	<input type="checkbox"/> 1 = Not at all <input type="checkbox"/> 2 = A little bit <input type="checkbox"/> 3 = Moderately <input type="checkbox"/> 4 = Very <input type="checkbox"/> 5 = Extremely



Prophylactic Breast Surgery Information

18) Have you EVER had one or both breasts removed prophylactically, (for risk reduction, not for treatment of cancer)?

- ☐ No (If no, please skip to Question #20, page 12)
☐ Yes

a) I have had a prophylactic mastectomy (surgical removal of one or both breasts to prevent cancer)

- ☐ Left Breast ☐ Right Breast ☐ Both Breasts

b) When did you have prophylactic mastectomy? Date: ____/____/____

- ☐ Before being seen at Clinical Genetics
☐ After being seen at Clinical Genetics
☐ Don't remember / Not Sure

c) At the time of the prophylactic mastectomy:

- ☐ I had a reconstruction with saline implants
☐ I had a reconstruction with silicone implants
☐ I had a reconstruction with a TRAM flap
☐ I had a reconstruction with a Latissimus Dorsi flap
☐ I had another kind of reconstruction (*please specify*) _____
☐ I did not have reconstruction

How many nights did you spend in the hospital ☐ 0 ☐ 1 ☐ 2 ☐ Other ____

Were there any complications? ☐ Yes ☐ No

What kind? _____

19) Satisfaction with Prophylactic Mastectomy

What is your level of satisfaction with your decision to undergo prophylactic mastectomy?

- ☐ Very dissatisfied
☐ Dissatisfied
☐ Neither satisfied or dissatisfied
☐ Satisfied
☐ Very satisfied

**20) Future Plans for Breast Cancer Risk Reduction**

(If you still have ONE or BOTH breasts, please select one of the choices below, A-G, that best describes your plans for risk reduction. Otherwise, please skip to Question #21)

- ☐ A) I am not planning to have prophylactic mastectomy.
- ☐ B) I have not given prophylactic mastectomy much thought.
- ☐ C) I have scheduled a prophylactic mastectomy on: Date: ____/____/____
☐ Left Breast ☐ Right Breast ☐ Both Breasts
- ☐ D) I plan to have a prophylactic mastectomy:
☐ in the next three months
☐ in the next six months
☐ in the next year
- ☐ E) I plan to have a prophylactic mastectomy after:
☐ I reach the age of ____
☐ I finish childbearing (in about ____ years)
☐ Other event (please specify): _____ (in about ____ years)
- ☐ F) I would plan to have a prophylactic mastectomy, BUT ONLY:
☐ If I develop breast cancer in one breast
☐ If my doctor tells me I should
☐ Other reason, (please specify): _____
- ☐ G) I am considering having a prophylactic mastectomy but I have no definite plans. I am considering mastectomy:
☐ Extremely strongly
☐ Strongly
☐ Moderately
☐ Slightly

Ovarian Cancer Screening

21) Have you EVER had an oophorectomy (surgical removal of one or both ovaries) either before or after being seen at Clinical Genetics?

- ☐ No
☐ Yes, I have had one ovary removed for treatment or risk reduction
☐ Yes, I have had both ovaries removed for treatment or risk reduction. (If yes, please skip to Question #25, page 15)

22) Transvaginal Ultrasound

- a) How many transvaginal ultrasounds have you had in the last year?
☐ Never had a transvaginal ultrasound ☐ None in the last year ☐ One ☐ Two ☐ Three or more
- b) When was your last transvaginal ultrasound?
☐ Never had a transvaginal ultrasound ☐ Between one and two years
☐ In the last six months ☐ More than two years ago
☐ Between six months and one year ago
- c) What was the reason for your last ultrasound? (Check all that apply)
☐ Never had a transvaginal ultrasound ☐ High number on a blood test (CA-125)
☐ Routine screening or check-up ☐ Repeat test because previous abnormal ultrasound
☐ Pain in your belly ☐ Fertility treatment
☐ Bloating/constipation/other discomfort ☐ Physician felt a mass during a pelvic exam
☐ Abnormal vaginal bleeding ☐ Other, (please specify): _____



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d) Since being seen by Clinical Genetics, have you had an abnormal transvaginal ultrasound that required follow-up x-rays, ultrasounds, CT scan, MRI or surgery?

☐ Yes

☐ No

e) If you have had an abnormal Transvaginal Ultrasound since being seen by Clinical Genetics,

When did this abnormal result occur? (mm/yr) ____ / ____

What was the abnormal result?

☐ Ovarian Cyst

☐ Thickened Lining of the Uterus

☐ Ovarian Mass

☐ Other, (please specify): _____

☐ Calcifications

☐ Don't Know/Not Sure

☐ Fibroids

What was done?

☐ Repeat Ultrasound

☐ Endometrial Biopsy in the Office

☐ MRI

☐ D & C

☐ CA-125 Blood test

☐ Hysteroscopy

☐ CT Scan

☐ Other, (please specify): _____

☐ Laparoscopy with removal of

☐ zero ☐ one or ☐ two ovaries

☐ Hysterectomy with removal of

☐ zero ☐ one or ☐ two ovaries

Was a Cancer diagnosed?

☐ Yes

☐ No

f) If your last transvaginal ultrasound was not just a routine screening or check-up, when was your last ultrasound that was just for routine screening or check-up?

☐ Never had a transvaginal ultrasound for routine screening or check-up

☐ In the last six months

☐ Between six months and one year

☐ Between one and two years

☐ More than two years ago

23) CA-125 Blood Tests

a) Have many CA-125 Blood Tests have you had in the last year?

☐ Never heard of a CA-125 blood test

☐ One

☐ Never had a CA-125 blood test

☐ Two

☐ None in the last year

☐ Three or more

b) When was your last CA-125 Blood Test?

☐ Never had a CA-125 Blood Test

☐ Between one and two years

☐ In the last six months

☐ More than two years ago

☐ Between six months and one year ago

c) What was the reason for your last CA-125 Blood Test? (Check all that apply)

☐ Never had a CA-125 Blood Test

☐ Physician felt a mass during a pelvic exam

☐ Routine screening or check-up

☐ Repeat test because of prior abnormal CA-125

☐ Pain in your belly

☐ Abnormal ultrasound

☐ Bloating/constipation/other discomfort

☐ Other, (please specify): _____

d) Since being seen by Clinical Genetics have you had an abnormal CA-125 Blood Test that required follow-up x-rays, ultrasounds, CT scan, MRI or surgery?

☐ Yes

☐ No



e) If you have had an abnormal CA-125 Blood Test since being seen by Clinical Genetics,
When did this abnormal result occur? (mm/yr) ____/____/____

What was done? ☐ Repeat CA125 Blood test ☐ Endometrial Biopsy in the Office
☐ Ultrasound ☐ D & C
☐ MRI ☐ Hysteroscopy
☐ CT Scan ☐ Other, (please specify): _____
☐ Laparoscopy with removal of ☐ zero ☐ one or ☐ two ovaries
☐ Hysterectomy with removal of ☐ zero ☐ one or ☐ two ovaries

Was a Cancer diagnosed? ☐ Yes ☐ No

f) If your last CA-125 Blood Test was not just a routine screening or check-up, when was your last CA-125 Blood test that was just a routine screening or check-up?

☐ Never had a CA-125 Blood Test for routine screening or check-up
☐ In the last six months ☐ Between six months and one year
☐ Between one and two years ☐ More than two years ago

24) Future Plans for Ovarian Cancer Screening

Please fill in the chart below. Questions in the top row refer to specific screening modalities in the left-most column.

	When are you planning to have your next test?	How likely are you to have the test by that time?
a) Transvaginal Ultrasound	<input type="checkbox"/> in the next three months <input type="checkbox"/> in the next six months <input type="checkbox"/> in the next year <input type="checkbox"/> I'm planning on having a transvaginal ultrasound, but I'm not sure when. <input type="checkbox"/> I'll have a transvaginal ultrasound when my doctor sends me for one. <input type="checkbox"/> I'm not sure when to go for my next transvaginal ultrasound. <input type="checkbox"/> I'm undecided whether I'll have another transvaginal ultrasound. <input type="checkbox"/> I've decided not to have another transvaginal ultrasound.	<input type="checkbox"/> 1 = Not at all <input type="checkbox"/> 2 = A little bit <input type="checkbox"/> 3 = Moderately <input type="checkbox"/> 4 = Very <input type="checkbox"/> 5 = Extremely
b) CA-125 Blood Test	<input type="checkbox"/> in the next three months <input type="checkbox"/> in the next six months <input type="checkbox"/> in the next year <input type="checkbox"/> I'm planning on having a CA-125 Blood Test, but I'm not sure when. <input type="checkbox"/> I'll have a CA-125 Blood Test when my doctor sends me for one. <input type="checkbox"/> I'm not sure when to go for my next CA-125 Blood Test. <input type="checkbox"/> I'm undecided whether I'll have another CA-125 Blood Test. <input type="checkbox"/> I've decided not to have another CA-125 Blood Test.	<input type="checkbox"/> 1 = Not at all <input type="checkbox"/> 2 = A little bit <input type="checkbox"/> 3 = Moderately <input type="checkbox"/> 4 = Very <input type="checkbox"/> 5 = Extremely



Prophylactic Oophorectomy Information

25) Have you ever had one or both ovaries removed prophylactically, (for risk reduction, not for treatment of cancer)?

- ☐ No (If no, please skip to Question #27, page 16)
☐ Yes

a) I have had a prophylactic oophorectomy

- ☐ Left Ovary ☐ Right Ovary ☐ Both Ovaries

This surgery was done: ☐ Laparoscopically ☐ Open Surgery

b) When did you have prophylactic oophorectomy? Date: ____/____/____

- ☐ Before being seen at Clinical Genetics
☐ After being seen at Clinical Genetics
☐ Don't remember / Not Sure

c) At the time of the removal of the ovaries:

- ☐ My Uterus was Removed
☐ My Uterus was Left In
☐ My Uterus had been previously removed

How many nights did you spend in the hospital ☐ 0 ☐ 1 ☐ 2 ☐ Other _____

Were there any complications? ☐ Yes ☐ No

What kind? _____

d) At the time of my prophylactic oophorectomy:

- ☐ I was menstruating regularly every 3-6 weeks
☐ I was having irregular menstrual flows
☐ I had not had a menstrual cycle in the previous 2-6 months.
☐ I had not had a menstrual cycle in over 6 months
☐ I had previously undergone a natural menopause at age _____
☐ I had previously undergone a chemotherapy or radiation therapy induced menopause at age _____
☐ I had previously had my uterus removed at age _____

26) Satisfaction with Prophylactic Oophorectomy

What is your level of satisfaction with your decision to undergo prophylactic oophorectomy?

- ☐ Very dissatisfied
☐ Dissatisfied
☐ Neither satisfied or dissatisfied
☐ Satisfied
☐ Very satisfied

**27) Future Plans for Ovarian Cancer Risk Reduction**

(If you still have ONE or BOTH ovaries, please select one of the choices below, A-G, that best describes your plans for risk reduction. Otherwise, please skip to Question #28)

- ☐ A) I am not planning to have prophylactic oophorectomy.
- ☐ B) I have not given prophylactic oophorectomy much thought.
- ☐ C) I have scheduled a prophylactic oophorectomy on: Date: ____/____/____
☐ Left Ovary ☐ Right Ovary ☐ Both Ovaries
- ☐ D) I plan to have a prophylactic oophorectomy
☐ in the next three months
☐ in the next six months
☐ in the next year
- ☐ E) I plan to have a prophylactic oophorectomy after:
☐ I reach the age of ____
☐ I finish childbearing (in about ____ years)
☐ Other event, (please specify): _____ (in about ____ years)
- ☐ F) I would plan to have a prophylactic oophorectomy, BUT ONLY:
☐ If I develop breast cancer
☐ If my doctor tells me I should
☐ Other reason, (please specify): _____
- ☐ G) I am considering having a prophylactic oophorectomy but I have no definite plans. I am considering oophorectomy:
☐ Extremely strongly
☐ Strongly
☐ Moderately
☐ Slightly

28) Menstrual Status

Please describe your **current** menstrual status:

- ☐ I am menstruating regularly every three-six weeks
- ☐ I am having irregular menstrual flows
- ☐ I have not had a menstrual cycle in the previous two-six months.
- ☐ I have not had a menstrual cycle in over six months
- ☐ I have undergone a natural menopause at age ____
- ☐ I have undergone a chemotherapy or radiation therapy induced menopause at age ____
- ☐ I have had a prophylactic oophorectomy as noted above
- ☐ I have had my ovaries removed because of abnormalities on screening as noted above.
- ☐ I have had my ovaries removed for other reasons at age ____
- ☐ I have had my uterus removed for other reasons at age ____

**29) Colon Cancer Screening**

- a) How many Colonoscopies have you had in the **last Five years**?
☐ Never had a colonoscopy ☐ None ☐ One ☐ Two ☐ Three or more
- b) When was your **last** Colonoscopy?
☐ Never had a Colonoscopy ☐ Between two and five years
☐ In the last year ☐ More than five years ago
☐ Between one and two years ago
- c) What was the reason for your **last** Colonoscopy? (*Check all that apply*)
☐ Never had a Colonoscopy ☐ Doctor felt a mass during a rectal exam
☐ Routine screening or check-up ☐ Rectal Bleeding
☐ Pain in your belly ☐ The doctor found blood in your stool
☐ Bloating/constipation/other discomfort ☐ Other, (*please specify*): _____
- d) Since being seen by **Clinical Genetics**, have you had an **abnormal** Colonoscopy?
☐ Yes ☐ No
- e) If you have had an abnormal Colonoscopy **since being seen by Clinical Genetics**,
When did this abnormal result occur? (mm/yr) ____/_____
What was done? ☐ Repeat Colonoscopy ☐ Virtual Colonoscopy
☐ Barium Enema ☐ Laparoscopy
☐ CT Scan ☐ Exploratory Surgery
☐ MRI ☐ Other, (*please specify*): _____
Was a Cancer diagnosed? ☐ Yes ☐ No
- f) If your last Colonoscopy was not just a routine screening or check-up, when was your last Colonoscopy that was just for routine screening or check-up?
☐ Never had a Colonoscopy ☐ More than two years ago but less than five years ago
☐ In the last year ☐ More than five years ago
☐ Between one and two years ago
- g) When are you planning to have your next Colonoscopy?
☐ In the next three months
☐ In the next six months
☐ In the next year
☐ In the next two to five years
☐ I'm planning on having a Colonoscopy, but I'm not sure when.
☐ I'll have a Colonoscopy when my doctor sends me for one.
☐ I'm not sure when to go for my next Colonoscopy.
☐ I'm undecided whether I'll have another Colonoscopy.
☐ I've decided not to have another Colonoscopy.
- h) How likely are you to have a Colonoscopy by that time?

1	2	3	4	5
Not at all	A little bit	Moderately	Very	Extremely

Additional Comments:

[illegible]

Thank you for taking the time to answer this questionnaire. Your participation is greatly appreciated. If you have any questions please feel free to contact the Clinical Genetics Service at (212) 434-5149.

Featured Article

BRCA Mutations and Risk of Prostate Cancer in Ashkenazi Jews

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Abstract

Purpose: The Breast Cancer Linkage Consortium and other family-based ascertainties have suggested that male carriers of *BRCA* mutations are at increased risk of prostate cancer. Several series looking at the frequency of *BRCA* mutations in unselected patients with prostate cancer have not confirmed this finding. To clarify this issue, we conducted a large case-control study.

Experimental Design: Blood specimens from 251 unselected Ashkenazi men with prostate cancer were screened for the presence of one of the three common Ashkenazi founder mutations in *BRCA1* and *BRCA2*. The incidence of founder mutations was compared with the incidence of founder mutations in 1472 male Ashkenazi volunteers without prostate cancer using logistic regression analysis after adjusting for age.

Results: Thirteen (5.2%) cases had a deleterious mutation in *BRCA1* or *BRCA2* compared with 28 (1.9%) controls. After adjusting for age, the presence of a *BRCA1* or *BRCA2* mutation was associated with the development of prostate cancer (odds ratio, 3.41; 95% confidence interval, 1.64–7.06; $P = 0.001$). When results were stratified by gene, *BRCA2* mutation carriers demonstrated an increased risk of prostate cancer (odds ratio, 4.78; 95% confidence interval, 1.87–12.25; $P = 0.001$), whereas the risk in *BRCA1* mutation carriers was not significantly increased.

Conclusions: *BRCA2* mutations are more likely to be found in unselected individuals with prostate cancer than age-matched controls. These results support the hypothesis

that deleterious mutations in *BRCA2* are associated with an increased risk of prostate cancer.

Introduction

Early reports from the Breast Cancer Linkage Consortium and other family-based ascertainties suggested that families with deleterious mutations in *BRCA1* and *BRCA2* had an increased number of prostate cancers compared with families without known inherited predisposition (1–5). Biological support for this association was provided by Gao *et al.* (6), who demonstrated loss of heterozygosity at the *BRCA1* locus in hereditary prostate cancer cases. In an attempt to confirm these findings, several groups have looked at the incidence of deleterious *BRCA1* and *BRCA2* mutations in unselected series of patients with prostate cancer (7–11). The majority of these series have been performed in Ashkenazi populations because of the high frequency of three founder mutations in *BRCA1* and *BRCA2* in this group. Most series of unselected patients have concluded that deleterious *BRCA* mutations contribute little, if anything, to the incidence of prostate cancer in the Ashkenazi population. In the only series of unselected patients suggesting a weak association of *BRCA* mutations with prostate cancer risk, the effect was limited to *BRCA1* mutation carriers (11). However, this finding was not confirmed in two recent family-based ascertainties limited to *BRCA1* mutation carriers (12, 13). To better elucidate the impact of deleterious *BRCA1* and *BRCA2* mutations on prostate cancer risk, we conducted a large case-control study comparing the incidence of deleterious *BRCA1* and *BRCA2* founder mutations in unselected Ashkenazi prostate cancer patients and compared this with the frequency of *BRCA1* and *BRCA2* founder mutations in a well-characterized control population.

Patients and Methods

DNA was extracted from lymphocytes of blood specimens from 251 individuals of Ashkenazi Jewish ancestry diagnosed with adenocarcinoma of the prostate who received care at the outpatient urology clinic at Memorial Sloan-Kettering Cancer Center from April 2000 to September 2002. The samples were unselected for age or family history. Clinical and pathological records were reviewed to confirm the diagnosis of prostate cancer in all subjects. Once pathological diagnosis of prostate cancer was confirmed, the age of diagnosis was recorded, and all other identifying links were destroyed. The study design and anonymization method were approved by the Memorial Sloan-Kettering Cancer Center Institutional Review Board.

DNA from case samples was analyzed for the three common Ashkenazi founder mutations in *BRCA1* and *BRCA2* (185delAG and 5182insC in *BRCA1* and 6174delT in *BRCA2*) as described previously (14). Briefly, DNA was purified using the QiaAmp Blood DNA midi kit (Qiagen, Valencia, CA). DNA specimens were then analyzed for the presence of the Ashkenazi founder mutations using the following primers flanking the mutation loci: *BRCA1*, 185delAG forward (5'-

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Table 1 Frequency of *BRCA1* and *BRCA2* mutations in cases and controls

Mutation	Cases (n = 251)		Controls (n = 1472)		Age-adjusted odds ratio	95% CI ^a	P
	N (%)	Mean age of mutation carriers (range) (yrs)	N (%)	Mean age of mutation carriers (range) (yrs)			
<i>BRCA1</i>	5 (2.0%)	68.4 (65–71)	12 (0.8%)	57.1 (33–78)	2.20	0.72–6.70	0.16
<i>BRCA2</i>	8 (3.2%)	64.0 (48–78)	16 (1.1%)	46.5 (29–65)	4.78	1.87–12.25	0.001
<i>BRCA1</i> or <i>BRCA2</i>	13 (5.2%)	65.7	28 (1.9%)	51.0	3.41	1.64–7.06	0.001

^a CI, confidence interval.

CATTAATGCTATGCAGAAAT) and 185delAG reverse (5'-CTTACTAGACATGTCTTTTCTTCCC) and 5382insC forward (5'-GTCCAAAGCGAGCAAGAGAATCTC) and 5382insC reverse (5'-GAATTCGAGACGGGAATCCAA); and *BRCA2*, 6174delT forward (TACTTGTGGGATTTTATGCCAAGC) and 6174delT reverse (5'-GTGAGCTGGTCTGAATGTTCGTTA). PCR products were analyzed by RFLP, using modified sites (ACRES) for restriction enzymes *TaqI* (185delAG), *DdeI* (538insC), and *BstXI* [6174delT (15)]. Carriers were recognized by the comparison of test digest with digests of PCR analyses of previously verified *BRCA1/2* carriers.

We then compared the incidence of founder mutations in cases with a control group that included 1472 Ashkenazi Jewish male volunteers without prostate cancer identified as part of the Washington Ashkenazi Jewish Study who had previously undergone genotyping for the three Ashkenazi founder mutations (3). The authors of this study kindly provided the primary data files after excluding cases with a prior diagnosis of prostate cancer. The odds ratio for prostate cancer in cases compared with controls was estimated using a logistic regression model, after adjusting for age by treating it as an additional covariate in the model (16). For stratified analyses, χ^2 tests of association and Fisher's exact tests were conducted. Exact confidence intervals were computed for odds ratios. SAS version 8.2 (SAS Institute Inc., Cary, NC) was used for all analyses.

Results

Genotyping revealed that 13 of 251 cases (5%) were carriers of either a *BRCA1* or *BRCA2* mutation. Among the 13 carriers, 4 carriers had *BRCA1* 185delAG (1.6%), 1 carrier had *BRCA1* 5382insC (0.4%), and 8 carriers had *BRCA2* 6174delT (3.1%). Of the 1472 controls, 28 (1.9%) had either a *BRCA1* or *BRCA2* mutation: 9 (0.6%) had *BRCA1* 185delAG mutation; 3 (0.2%) had *BRCA1* 5382insC mutation; and 16 (1%) had a *BRCA2* 6174delT mutation.

Logistic regression analysis demonstrated that, after adjusting for age, the presence of an Ashkenazi founder mutation in *BRCA1* or *BRCA2* had a significant association with prostate cancer risk (odds ratio, 3.41; 95% confidence interval, 1.64–7.06; $P = 0.001$). In the multivariate model, age was also a significant predictor of prostate cancer risk ($P < 0.001$). When results were stratified by gene, *BRCA2* mutations were associated with an increased risk of prostate cancer (odds ratio, 4.78; 95% confidence interval, 1.87–12.25; $P = 0.001$). *BRCA1* mutation carriers also appeared to have an increased risk of prostate cancer, but the association was not statistically significant (odds

ratio, 2.20; 95% confidence interval, 0.72–6.70; $P = 0.16$; Table 1).

Discussion

In the Ashkenazi Jewish population, the three founder mutations in *BRCA1* and *BRCA2* account for the vast majority of inherited breast and ovarian cancer families (17, 18). Despite evidence from several groups (2, 4) that prostate cancer was overrepresented in hereditary breast cancer families linked to *BRCA2* (Table 2), no series of unselected Ashkenazi Jewish men with prostate cancer prior to the current series has been able to confirm this association (Table 3). For *BRCA1*-linked kindreds, the prior family-based series have shown either a higher (1), lower (12), or average (13) risk of prostate cancer (Table 2). In unselected series examining the impact of *BRCA1* mutations on prostate cancer risk, four series did not demonstrate an association (7–10), and one population-based series observed a modest elevation in prostate cancer risk (95% confidence interval, 1.05–6.04; Ref. 11; Table 3). In contrast to these results, our study showed a significantly increased risk of prostate cancer in *BRCA2* but not *BRCA1* mutation carriers.

Several studies have suggested that *BRCA* mutations are predominately associated with an increased rate of early-onset prostate cancer (13, 19, 20). When our results were stratified by age, we were able to confirm that presence of a *BRCA* mutation was associated with a significantly increased risk for prostate after the age of 60 years (odds ratio, 3.71; 95% confidence interval, 1.25–11.65; $P = 0.01$), but not for prostate cancer before the age of 60 years (odds ratio, 3.03; 95% confidence interval, 0.56–10.72; $P = 0.10$). However, this analysis was limited by the very small number of men in the series ($n = 3$) less than 60 years old with prostate cancer and a *BRCA* mutation.

Whereas our finding of increased *BRCA2*-associated risk for prostate cancer is consistent with predictions based on family-based ascertainment, one of the reasons that our results may differ from prior unselected series is that these studies were not powered to discern different risks in *BRCA1* versus *BRCA2* mutation carriers. Four of these series were limited to fewer than 200 cases. In one large series from Israel, the frequency of *BRCA2* mutations in prostate cancer cases (1.5%) was less than half the 3.1% frequency seen in our series. This difference may be due to the inclusion of only incident cases in the Israeli series, whereas we included both incident and prevalent cases. It is possible that a survival bias in our series resulted from a *BRCA2* mutation-associated survival advantage for patients with pros-

Table 2 Association of prostate cancer with *BRCA1* or *BRCA2* mutations: family-based ascertainment

Genes/Study	Ascertainment	Analysis method	Relative risk	95% Confidence interval
<i>BRCA1</i>				
Ford <i>et al.</i> , 1994 (1)	33 families with evidence of linkage to <i>BRCA1</i>	Prostate cancer incidence compared with population-specific rates	3.33	1.78–6.20
Brose <i>et al.</i> , 2002 (12)	147 families with a <i>BRCA1</i> mutation seen in a risk evaluation clinic	Prostate cancer incidence compared with population-specific rates	0.39	0.09–0.68
Thompson <i>et al.</i> , 2002 (13)	699 families with a documented <i>BRCA1</i> mutation	Prostate cancer incidence compared with population-specific rates	1.07	0.75–1.54
<i>BRCA2</i>				
BCLC ^a 1999 (2)	173 families selected for linkage analysis with a demonstrated <i>BRCA2</i> mutation	Prostate cancer incidence compared with population-specific rates	4.65	3.48–6.22
Sigurdsson <i>et al.</i> , 1997 (4)	16 families in which a woman with breast cancer was demonstrated to have the Icelandic founder mutation 999del5 in <i>BRCA2</i>	Prostate cancer incidence in first-degree relatives of case patients compared with population-specific incidence	4.6	1.9–8.8
<i>BRCA1</i> and <i>BRCA2</i>				
Warner <i>et al.</i> , 1999 (5)	48 Ashkenazi Jewish breast cancer patients with a founder mutation in <i>BRCA1</i> or <i>BRCA2</i>	Prostate cancer incidence in 1 st degree relatives compared with incidence in 1 st degree relatives of healthy controls	3.36	1.49–7.56

^a BCLC, Breast Cancer Linkage Consortium.

tate cancer, leading to an over representation of the 6174delT allele in our largely prevalent cohort. Such an effect, as has been observed in *BRCA*-associated ovarian cancer (21–23), requires confirmation through prospective studies.

Another possible bias in our series could have occurred because the Washington Ashkenazi study was not population based but rather was composed of volunteers somewhat enriched for familial cancer history. If the frequency of founder mutations in unaffected individuals in the Washington Ashkenazi Study was different than the population frequency in Ashkenazi individuals in the greater New York area, this could have resulted in an over- or underestimation of the impact of *BRCA*

mutations on prostate cancer risk. We believe this is unlikely because the founder mutation frequency seen in the Washington Ashkenazi Study is consistent with other large series of Ashkenazi individuals from both the greater New York area and other regions of the United States (24, 25).

Different methodologies were used for genotyping cases and controls. This theoretically could have introduced a bias in favor of a significant finding if the genotyping method for cases was more sensitive than the method used for controls. We believe this is unlikely, however, because the restriction site analysis used to genotype the cases and the allele-specific oligonucleotide assay used to genotype the controls have both been

Table 3 Incidence of founder *BRCA1* or *BRCA2* mutations in unselected series of Jewish patients with prostate cancer

Authors	N	Comparison group	Frequency of <i>BRCA</i> mutations in cases	Association of <i>BRCA</i> mutation and prostate cancer risk
Lehrer <i>et al.</i> , 1998 (7) ^a	60	268 Ashkenazi Jewish women with sporadic breast cancer	0 (0%) <i>BRCA1</i> 0 (0%) <i>BRCA2</i>	No
Nastiuk <i>et al.</i> , 1999 (8) ^a	83	Reported population incidence	1 (1.2%) <i>BRCA1</i> 2 (2.4%) <i>BRCA2</i>	No
Hubert <i>et al.</i> , 1999 (9) ^a	87	87 Ashkenazi Jewish men without prostate cancer	2 (2.3%) <i>BRCA1</i> 1 (1.1%) <i>BRCA2</i>	No
Vazina <i>et al.</i> , 2000 (10)	174	Reported population incidence	4 (2.3%) <i>BRCA1</i> 1 (0.6%) <i>BRCA2</i>	No
Giusti <i>et al.</i> , 2003 (11)	940	472 Ashkenazi Jewish men without prostate cancer	16 (1.7%) <i>BRCA1</i> 14 (1.5%) <i>BRCA2</i>	<i>BRCA1</i> -No ^b <i>BRCA2</i> -No

^a Analysis limited to 185delAG mutation in *BRCA1* and 6174delT mutation in *BRCA2*.^b When control population was combined with 872 controls from the United States, presence of the 185delAG mutation in *BRCA1* was associated with an increased risk of prostate cancer. (odds ratio, 2.52; 95% confidence interval, 1.05–6.04).

shown in other studies to have a sensitivity for detecting the Ashkenazi founder mutations comparable with that of sequencing (22, 26, 27).

These results provide evidence that deleterious mutations in *BRCA2* are associated with an increased risk of prostate cancer. Current recommendations for male carriers of *BRCA* mutations include prostate cancer screening with digital rectal examination and serum prostate-specific antigen level annually beginning at age 50 years (28). Whereas there was no significantly increased risk for early-onset prostate cancer in this series, this finding requires confirmation in a larger cohort. Additional family-based studies may also help clarify the relative penetrance of *BRCA2* mutations for prostate cancer. Additionally, because a substantial proportion of familial prostate cancer is not linked to mutations in *BRCA1* and *BRCA2*, the search for other major prostate cancer predisposition genes will remain a high priority.

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Incidence of Ovarian Cancer in BRCA-Negative Hereditary Breast Cancer Families

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Abstract

BACKGROUND: Mutations in BRCA1 and BRCA2 account for the majority of hereditary breast/ovarian cancer (HBOC) and are also associated with an increased risk of ovarian cancer. However, it is not known whether BRCA1 and BRCA2 mutations are associated with HBOC/BOC. Because of this, many centers recommend consideration of ovarian cancer risk-reduction strategies in BRCA-negative individuals with a strong family history of breast cancer. Limited data is available regarding the actual risk of ovarian cancer in these individuals.

METHODS: Pedigrees from all women who underwent BRCA mutation testing at the Clinical Genetics Service at MSKCC from 8/1/96 through 7/31/02 and consented to prospective follow-up were reviewed. 285 individuals who 1) had no deleterious BRCA mutation on either founder mutation testing or full sequence analysis of both BRCA1 and BRCA2, 2) had breast cancer in a single lineage with at least one BRCA mutation at ≥50 were identified and sent a structured questionnaire asking about occurrence of new cancer. Number of cancers expected was calculated from the SEER database for Multiple Primary Cancers. Observed versus expected cancers were compared using the Exact Poisson Test.

RESULTS: 171 (60%) individuals returned a questionnaire. At baseline, 77% had a personal history of breast cancer and a mean of 4.2 breast cancers in the kindred. 22 kindreds also had ≥2 individuals with ovarian cancer. During a mean 3.6 years follow-up, 11 patients with ovarian cancer were reported in 11 kindreds with a single fallopian tube cancer was reported in 11 kindreds with such variants. In 11 kindreds with such variants, 4 non-melanoma skin, and one each of lymphoma, CML, uterine sarcoma and thyroid cancer were reported during 567 women years of follow-up. Breast cancer was seen significantly more than expected (8 vs 3.9 cases; $p = 0.045$). No ovarian cancers were observed vs 0.23 expected ($p = 0.78$).

CONCLUSIONS: Individuals from HBOC kindreds without a demonstrable BRCA mutation did not have an increased risk of ovarian cancer. If confirmed, these findings may have important implications for cancer screening in such kindreds.

Introduction

Mutations in BRCA1 and BRCA2 account for greater than 95% of hereditary breast and ovarian cancer families and approximately 50% of site specific hereditary breast families.^{1,2}

Sequenced based mutation detection approaches, however, will only detect deleterious BRCA mutations in approximately 63-85% of families whose cancer predisposition demonstrate linkage to either the BRCA1 or BRCA2 loci.^{3,4}

Because of incomplete sensitivity of BRCA mutation testing, many centers recommend consideration of ovarian cancer screening or other risk-reduction strategies for women from hereditary breast cancer families who have not had a deleterious mutation identified.

In order to clarify this issue, we undertook a pilot study to prospectively evaluate the incidence of both breast and ovarian cancer in a large series of women from hereditary breast cancer families in which no deleterious BRCA1 or BRCA2 mutation was identified.

Methods

Pedigrees from all women who underwent BRCA mutation testing from 8/1/1996 through 7/31/02 and consented to prospective follow-up were reviewed.

Probands were eligible for analysis if:

- Proband did not have a personal history of ovarian cancer.
- Family history included ≥3 breast cancers in a single lineage with at least one of the breast cancer occurring prior to 50 years of age.
- No deleterious mutation was identified on full sequence analysis of both BRCA1 and BRCA2. For patients without any non-Ashkenazi heritage, negative testing for the three common founder mutations was sufficient.

285 individuals that met eligibility criteria were sent a structured questionnaire that ascertained incidence of new cancers. Expected number of cancers was calculated from the SEER database for 1975-2000 and the Connecticut Tumor Registry Study of Multiple Primary Cancers.

Observed vs. expected numbers of cancers were compared using the Exact Poisson Test.

Results

171 (60%) individuals returned a questionnaire. Demographics of the study cohort are outlined in Table 1.

Table 1. Cohort Demographics

	n = 171
Mean Age at Results (range)	51.0 (21.7-87.5)
Mean Follow-up in Months (range)	42.9 (14.4-81.4)
Personal History of Breast Cancer	131 (76.6%)
Mean Number of Breast Cancers in Kindred (range)	4.2 (3-9)
Kindreds with Ovarian Cancer in Lineage	22 (12.9%)
Kindreds with Variant of Uncertain Significance	11 (6.4%)

New Cancers

A single fallopian tube cancer was diagnosed in a woman with a BRCA1 variant of uncertain significance 36 months after receiving results.

When the 11 patients with variants of uncertain significance were excluded, 8 breast cancers, 4 non-melanoma skin cancers, and one each of endometrial stromal sarcoma, CML, lymphoma and thyroid cancer was reported during 567 women years of follow-up.

Incidence of Observed vs. Expected Cancers

Incidence of breast and ovarian cancer observed vs. expected from SEER:

- 8 cases of breast cancer observed vs. 1.37 expected ($p < 0.001$)
- 0 cases of ovarian/fallopian tube cancer vs. 0.14 expected ($p = 0.87$)

After correcting for the increased expected incidence of second cancers using data from the Connecticut Tumor Registry Study of Multiple Primary Cancers:

- 8 cases of breast cancer observed vs. 3.9 expected ($p = 0.045$)
- 0 cases of ovarian cancer observed vs. 0.25 expected ($p = 0.78$)

Limiting the analysis to the 140 families with site specific breast cancer (no ovarian cancer in the lineage):

- 7 cases of breast cancer observed vs. 3.33 expected ($p = 0.05$)
- 0 cases of ovarian cancer observed vs. 0.21 expected ($p = 0.81$)

Conclusions

In this pilot analysis, individuals from BRCA-negative hereditary breast cancer families did not have an increased risk of ovarian cancer.

Even after accounting for increased risk conferred by a personal history of breast cancer, BRCA-negative members of hereditary breast cancer families have an increased risk of breast cancer compared to population derived rates.

If these results are confirmed in larger studies, these findings may have important implications for cancer screening in such kindreds.

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